

## We're Going Back To School



Aloha students and families! Welcome back to the 2018 – 2019 school year. Transitioning back to school can be an adjustment for students and their parents, here's a few ideas on how you can help your child get back into the SCHOOL GROVE ...

- Create a morning checklist/schedule to help your child develop their morning routines
- Ensure your child is getting adequate rest - early bed times make better mornings
- Healthy foods are fuel for our keiki's brains, take advantage of our school's free breakfast & lunch program
- The first step to learning is to be in school, ensure your child is in school and on time every day
- MOST IMPORTANTLY, talk to your child about school, if they see you interested and excited about school, they will be too!

**We look forward to another year with your child to  
LEARN, GROW & PLAY in school EVERY DAY!**

**EVERY STUDENT, EVERY DAY!**



## Principal's Message

Aloha Chiefess Kapi'olani Elementary School Ohana!

Welcome to school year 2018-2019 at Chiefess Kapi'olani Elementary School! I hope everyone enjoyed their summer spending time making lifelong memories with family and friends. This school year promises to be the best yet and I am excited to continue working with everyone as we prepare our students to be college, career, and community ready.

We are fortunate this year to have many excellent educators joining our school. Please welcome Vice Principal Ms. Kimberly Castillo, preK special education teachers Ms. Diane Decorte and Ms. Kathleen Dickson, second grade teacher Ms. Kaylee Rapoza, and second/third grade special education teacher Ms. Jennifer Jo. Welcome to our family!

Chiefess Kapi'olani Elementary has a dedicated and caring faculty who work continuously to improve their craft for the benefit of our students. During the summer our teachers participated in opportunities to learn about engaging students from poverty, supporting foundational reading skills with ECRI, and making science come alive with Project Lead the Way. Chiefess Kapi'olani Elementary remains committed to developing the whole child by incorporating daily movement and exercise in every classroom, continuing to focus on the social and emotional development of our students, and providing a well-rounded and rigorous curriculum for our students. We are striving to meet the needs of every student and prepare them to be college, career, and community ready!

Everyone working at Chiefess Kapi'olani Elementary plays an important role in helping our students be successful. Over the summer our hard working custodians cleaned every classroom and completed repairs for the safety of our students. Our cafeteria workers deep cleaned the kitchen and all their appliances in order to prepare quality meals for our students and our office staff prepared all the start of year forms for every student. These people keep our school safe and offer all the background support our students need to be successful!

This is an exciting time to be at Chiefess Kapi'olani Elementary School as we begin our journey to the next 100 years and I look forward to working with everyone for our keiki's future! Please do not hesitate to contact me at (808) 974-4160 or by email at [gregg\\_yonemori@notes.k12.hi.us](mailto:gregg_yonemori@notes.k12.hi.us).

Gregg Yonemori  
Principal  
Chiefess Kapiolani Elementary School

**Vice Principal's Message:**

Welcome back to school Kolea! My name is Kimberly Castillo and this year I will be your Chiefess Kapi'olani Vice Principal. I was born and raised in Hilo, and I am a proud graduate of Hilo High School and the University of Hawaii at Hilo. For the last fourteen years, I worked as an English and yearbook teacher at Waiakea High School, where I learned a lot about curriculum, instruction, and assessment. With that in mind, I will say that while coming to work at an elementary school is certainly a change of pace from what I'm familiar with, I am very excited to be here. I look forward to getting to know all of you as we strive to achieve a fun-filled year of learning! If you need to contact me, I can be reached at (808) 974-4160 or through email at [Kimberly.Castillo@notes.k12.hi.us](mailto:Kimberly.Castillo@notes.k12.hi.us).



**Friday, August 17 ... Statehood Holiday.....NO SCHOOL**


**Monday, September 3 ... Labor Day Holiday .... NO SCHOOL**

**Wednesday, September 5, 2018 .... School Picture Taking Day**

**Friday, October 5 ... First quarter ends**

**Monday, October 22 to Friday, November 2 ... Parent Teacher Conferences.** More information will be sent home later.

**Friday, November 9 ... First quarter awards assembly.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 "USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER"	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>6 B:</b> Pancake w/ syrup, pears, 100% juice  <b>L:</b> chicken patty sandwich w/ curly fries, leaf lettuce, sliced tomato, cantaloupe	<b>7 B:</b> cinnamon raisin bagel w/ cream cheese Pineapple chunks, 100% juice  <b>L:</b> beef broccoli, rice w/ fruit cocktail, house salad, French bread	<b>8 B:</b> cheese toast & yogurt, pineapple chunks mix, 100% fruit juice  <b>L:</b> pepperoni & cheese pizza, fruit juice, house salad, baby carrots, baked beans	<b>9 B:</b> Portuguese sausage & rice, peaches, 100% juice  <b>L:</b> popcorn chicken and mash bowl, apple wedges, pan roasted vegetables fruited muffin	<b>10 B:</b> Pizza bagel, mixed fruit, 100% fruit juice  <b>L:</b> roast pork and gravy w/ rice, vegetable juice, lomi tomato, tropical pineapple
<b>13 B:</b> maple pancake wrap, peaches, cranberries  <b>L:</b> beef hotdog in WG bun w/ tater tots, house salad, apple wedges, cookie	<b>14 B:</b> Banana Bread Pineapple chunks, 100% fruit juice <b>L:</b> creole macaroni w/ WG French bread and diced pears, baby carrots, Italian salad	<b>15 B:</b> cinnamon roll pineapple chunks, orange wedge <b>L:</b> beef stew w/ rice, WG roll, house salad, mixed fruit	<b>16 B:</b> French toast w/ syrup, pears, 100% fruit juice  <b>L:</b> chicken nuggets rice, pineapple chunks, pan roasted vegetables, baby carrots, hummus	<b>17</b> NO SCHOOL  STATEHOOD DAY HOLIDAY
<b>20 B:</b> Pepperoni Pizza stix, orange wedges, 100% fruit juice  <b>L:</b> popcorn chicken & rice w/ POM swirl, baked beans, rainbow salad	<b>21 B:</b> Breakfast sliders, peaches, 100% fruit juice <b>L:</b> tasty golden chicken tenders & rice, cantaloupe, pickled cabbage, broccoli & carrots	<b>22 B:</b> Belgain waffle w/ syrup, apple wedges, pears  <b>L:</b> cheeseburger w/ potato wedges, carrot & celery sticks, broccoli florets, pineapple	<b>23 B:</b> Coffee cake & pork links, mixed fruit, 100% fruit juice  <b>L:</b> crispy nachos w/ beef & cheese, fruit juice, house salad	<b>24 B:</b> cinnamon toast & ham links, pineapple chunks, cranberries <b>L:</b> roast turkey, gravy & rice, sliced peaches, coleslaw, broccoli florets, baby carrots
<b>27 B:</b> maple pancake wrap, peaches, cranberries,  <b>L:</b> chicken patty sandwich w/ curly fries, leaf lettuce, sliced tomato, cantaloupe	<b>28 B:</b> belgain waffle w/ syrup, mixed fruit, orange juice  <b>L:</b> Beef broccoli, rice w/ fruit cocktail, house salad, French bread	<b>29 B:</b> banana bread, pineapple chunks, 100% fruit juice  <b>L:</b> Pepperoni & cheese pizza, fruit juice, house salad, baby carrots, baked beans	<b>30 B:</b> cinnamon roll, pineapple chunks, orange wedges  <b>L:</b> popcorn chicken & mash bowl, apple wedges, pan roasted vegetables, fruited muffin	<b>31 B:</b> pizza bagel, mixed fruit, 100% fruit juice  <b>L:</b> roast pork and gravy w/ rice, vegetable juice, lomi tomato, tropical pineapple

Join us for Keiki Steps ....

Keiki Steps is a FREE program focused on Parent-Child interactive learning experiences. Children from the age of newborn to 5 years old are invited to participate. Adult participation is required. Sessions are held in the school cafeteria from 8:30 to 11:30 Monday through Thursday.

You may register on line at <http://www.inpeace.org/early-childhood-education/keiki-steps>  
Or you may register in person at 421 Kalanikoa Street (Above Hilo Lunch Shop)

Phone number is 933-2933.

## SAFETY REMINDERS:

### **PARKING LOT SAFETY:**

The small PARKING LOT located on Mohouli Street is for designated parking only ..

**PLEASE DO NOT USE IT TO DROP OFF YOUR STUDENT/STUDENTS.**

### **VISITOR CHECK-IN**

All parents, guardians, and visitors to our campus must check in at the main office upon their arrival. You will be issued a visitor's pass to wear while on campus. Please return to the office when departing to check out and return your pass.

## Tips for a STAR school year!



### GET PLENTY OF SLEEP!

Proper rest is vital to performing well. Make sure your student(s) has a regular sleep schedule with 8 hours or more of rest each night.



### EAT A HEALTHY BREAKFAST!

Limit sugar and carbs; choose fruits, vegetables protein, and healthy grains to kick start a successful school day.

### SUPPORT & PRAISE!

Ask your child about his/her school day. Build your child's confidence. Remind them of their strengths and be positive. Check their homework daily.



# Ways to help our school!

KTA KOKUA I NA KULA

HELP US EARN MONIES FOR OUR SCHOOL!

When you shop at KTA from August 1st to September 11th & buy designated products you are able to donate your points to our school.

Our school number is 1.

25th Annual  
Kōkua i Nā Kula  
(Help the Schools)  
Help Share  
**\$100,000**  
with Hawai'i Island Schools

**SHOP**  
at KTA Super Stores  
August 1 to  
September 11, 2018

**BUY**  
participating  
products  
(Each product equals 1 point)

**DONATE**  
points to your  
favorite school  
at the checkout

www.ktasuperstores.com

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## *School Picture Taking Day*

*will be on Wednesday, September 5, 2018*  
*Students DO NOT need to wear their school uniforms on this day*

### **FROM THE OFFICE**

Our school continues to participate in the Community Eligibility Provision (CEP) program that allows all students to receive one breakfast and one lunch each school day at no charge to the family.

If your child brings a home lunch and takes a milk, he/she will be charged 60¢. If your child takes a second breakfast or lunch, they will be charged full price which is \$2.40 for breakfast and \$5.50 for lunch.

Please do not forget to complete and return all forms that were sent home with your child in a timely manner. The information on these forms is very important for the school to better service your child. We also need to know how to contact you in the event of an emergency or if your child is not feeling well.



### **NEWSPAPER RECYCLING**

We now have a newspaper recycling bin in front of the school located between the hedges as you exit the school. HELP, not only Chiefess Kapi'olani Elementary, but the environment by recycling your old newspapers.